

Sightseeing

HERBAL WALK IN ROSENDAL'S GARDENS

Smell and Taste the Swedish summer!



After a short panorama tour of Stockholm city, you will visit the beautiful Rosendal's Garden.

Rosendal's garden is a biodynamic farm in Djurgården. The gardens date back since the late 17th century and have been formed by generations of gardeners. Twenty years ago, two young, ambitious gardeners took over the garden and introduced biodynamic farming, and that is how it is still run today. Here you find flowers, vegetables and fruit-trees all organically grown. The crops are served in the restaurant and sold in the shop.

Lisen Sundgren is a Swedish herbalist, author, teacher with her own skincareline, Lisen Organics. She is now committed to bringing this ancient knowledge of herbs into the future. On an herbal walk she will introduce the herbs in season and how they can be used to give us joy, wellbeing and good health. How to use them for food, medicine and beauty. A beautiful way to get to know the plants that surround you and what they can do for you.

After the walk you will have time to enjoy a cup of coffee and cake in the garden. Why not sit under one of the apple trees or in the green house surrounded by the fragrance of the plants.

Price includes; English speaking guide (max 3 hrs), modern sightseeing coach (max 3 hrs), visit to Rosendal's Gardens, Herbal walk, Coffee and cake.

Price per person excl VAT: SEK 529

Minimum participation: 40

Maximum participation: 50

Start: Waterfront Hall

Stop: Waterfront Hall